

# The Leaky Brake Toolbox – An Introduction

Segment:	<u>Who</u> Watched It? e.g. "Patient", "Parent 1"	<u>When</u> Did Each Team Member Watch It?		Reviewed Links?	Practiced / Modelled?
		# times?	Date(s)		
Virtual Treatment Introduction		<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>
		<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>
		<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>
		<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>
		<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>
		<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>

Notes on Virtual Treatment Introduction –

## Leaky Brake Toolbox: Tic Management

Segment:	<u>Who</u> Watched It? e.g. "Patient", "Parent 1"	<u>When</u> Did Each Team Member Watch It?		Reviewed Links?	Practiced / Modelled?
		# times?	Date(s)		
#1: The Starting Line		<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>
		<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>
		<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>
		<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>
		<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>
		<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>

Notes on The Starting Line –

## Leaky Brake Toolbox: Tic Management

Segment:	<u>Who</u> Watched It? e.g. "Patient", "Parent 1"	<u>When</u> Did Each Team Member Watch It?		Reviewed Links?	Practiced / Modelled?
		# times?	Date(s)		
#2: Creating a Tic List	_____	<input type="checkbox"/>	_____	<input type="checkbox"/>	<input type="checkbox"/>
	_____	<input type="checkbox"/>	_____	<input type="checkbox"/>	<input type="checkbox"/>
	_____	<input type="checkbox"/>	_____	<input type="checkbox"/>	<input type="checkbox"/>
	_____	<input type="checkbox"/>	_____	<input type="checkbox"/>	<input type="checkbox"/>
	_____	<input type="checkbox"/>	_____	<input type="checkbox"/>	<input type="checkbox"/>
	_____	<input type="checkbox"/>	_____	<input type="checkbox"/>	<input type="checkbox"/>

**Notes on Creating a Tic List –**

## Leaky Brake Toolbox: Tic Management

Segment:	<u>Who</u> Watched It? e.g. "Patient", "Parent 1"	<u>When</u> Did Each Team Member Watch It?		Reviewed Links?	Practiced / Modelled?
		# times?	Date(s)		
#3: Be a Tic Detective				<input type="checkbox"/>	<input type="checkbox"/>
				<input type="checkbox"/>	<input type="checkbox"/>
				<input type="checkbox"/>	<input type="checkbox"/>
				<input type="checkbox"/>	<input type="checkbox"/>
				<input type="checkbox"/>	<input type="checkbox"/>
				<input type="checkbox"/>	<input type="checkbox"/>

Notes on Be a Tic Detective –

## Leaky Brake Toolbox: Tic Management

Segment:	<u>Who</u> Watched It? e.g. "Patient", "Parent 1"	<u>When</u> Did Each Team Member Watch It?		Reviewed Links?	Practiced / Modelled?
		# times?	Date(s)		
#4: Creating A Tic Blocker	_____	<input type="checkbox"/>	_____	<input type="checkbox"/>	<input type="checkbox"/>
	_____	<input type="checkbox"/>	_____	<input type="checkbox"/>	<input type="checkbox"/>
	_____	<input type="checkbox"/>	_____	<input type="checkbox"/>	<input type="checkbox"/>
	_____	<input type="checkbox"/>	_____	<input type="checkbox"/>	<input type="checkbox"/>
	_____	<input type="checkbox"/>	_____	<input type="checkbox"/>	<input type="checkbox"/>
	_____	<input type="checkbox"/>	_____	<input type="checkbox"/>	<input type="checkbox"/>

Notes on Creating A Tic Blocker –

## Leaky Brake Toolbox: Tic Management

Segment:	<u>Who</u> Watched It? e.g. "Patient", "Parent 1"	<u>When</u> Did Each Team Member Watch It?		Reviewed Links?	Practiced / Modelled?
		# times?	Date(s)		
#5: Using Your Tic Blocker		<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>
		<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>
		<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>
		<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>
		<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>
		<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>

Notes on Using Your Tic Blocker –

## Leaky Brake Toolbox: Tic Management

Segment:	<u>Who</u> Watched It? e.g. "Patient", "Parent 1"	<u>When</u> Did Each Team Member Watch It?		Reviewed Links?	Practiced / Modelled?
		# times?	Date(s)		
#6: Practicing Your Skills		<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>
		<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>
		<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>
		<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>
		<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>
		<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>

Notes on Practicing Your Skills –

## Leaky Brake Toolbox: Tic Management

Segment:	<u>Who</u> Watched It? e.g. "Patient", "Parent 1"	<u>When</u> Did Each Team Member Watch It?		Reviewed Links?	Practiced / Modelled?
		# times?	Date(s)		
#7: Starving Tics of Attention		<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>
		<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>
		<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>
		<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>
		<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>
		<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>

Notes on Starving Tics of Attention –



## Leaky Brake Toolbox: Tic Management

Segment:	<u>Who</u> Watched It? e.g. "Patient", "Parent 1"	<u>When</u> Did Each Team Member Watch It?		Reviewed Links?	Practiced / Modelled?
		# times?	Date(s)		
#8: Stress Techniques		<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>
		<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>
		<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>
		<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>
		<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>
		<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>

Notes on Stress Techniques –

## Leaky Brake Toolbox: Tic Management

Segment:	<u>Who</u> Watched It? e.g. "Patient", "Parent 1"	<u>When</u> Did Each Team Member Watch It?		Reviewed Links?	Practiced / Modelled?
		# times?	Date(s)		
#9: Cheerleading	_____	<input type="checkbox"/>	_____	<input type="checkbox"/>	<input type="checkbox"/>
	_____	<input type="checkbox"/>	_____	<input type="checkbox"/>	<input type="checkbox"/>
	_____	<input type="checkbox"/>	_____	<input type="checkbox"/>	<input type="checkbox"/>
	_____	<input type="checkbox"/>	_____	<input type="checkbox"/>	<input type="checkbox"/>
	_____	<input type="checkbox"/>	_____	<input type="checkbox"/>	<input type="checkbox"/>
	_____	<input type="checkbox"/>	_____	<input type="checkbox"/>	<input type="checkbox"/>

Notes on Cheerleading –

## Leaky Brake Toolbox: Tic Management

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		# times?	Date(s)		
#10: Keeping Up Your Skills	_____	<input type="checkbox"/>	_____	<input type="checkbox"/>	<input type="checkbox"/>
	_____	<input type="checkbox"/>	_____	<input type="checkbox"/>	<input type="checkbox"/>
	_____	<input type="checkbox"/>	_____	<input type="checkbox"/>	<input type="checkbox"/>
	_____	<input type="checkbox"/>	_____	<input type="checkbox"/>	<input type="checkbox"/>
	_____	<input type="checkbox"/>	_____	<input type="checkbox"/>	<input type="checkbox"/>
	_____	<input type="checkbox"/>	_____	<input type="checkbox"/>	<input type="checkbox"/>

**Notes on Keeping Up Your Skills –**